Sometimes it's hard getting used to Uz.

And that's oxay! We're here for you

## Feeling lonely at uni?

## It does not have to be this way.

Student Space, run by Student Minds, is here to help you find the support that you need.

Hear from students and explore a range of trusted information and tools to guide you through the uncertainty of student life.

## Explore tips on:

- Social life and feeling lonely
- Money and financial concerns
- What support is available at your uni
- Academic stress and pressure



