

sometimes, taking a break
is more productive



listen to what
your body needs

Uni can be overwhelming

We're here for you

Student Space, run by Student Minds, is here to help you find the support that you need.

Hear from students and explore a range of trusted information and tools to guide you through the uncertainty of student life.

Explore tips on:

- Social life and feeling lonely
- Money and financial concerns
- What support is available at your uni
- Academic stress and pressure

**STUDENT
SPACE**

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minds**

