

Neurodivergent Students Steering Group Member (X8 roles available)

Location: TBC. This role will require attendance at 2 in-person steering group meetings (travel expenses covered).

Time commitments: 2 x 4 hour meetings on May 3rd and May 10th.

Pay: £100 per meeting.

Purpose: To attend steering groups and contribute to discussions around neurodivergent student experiences and mental health, ultimately steering topics for a podcast series and video series on Student Space.

Who: Neurodivergent students (we will also accept applications from sabbatical officers).

By “neurodivergent”, we are referring to individuals whose brains process, learn, or behave differently from the “neurotypical” population. For example, people with: autism, ADHD, dyslexia, dyspraxia and/or Tourette’s syndrome. We recognise various barriers exist that may prevent access to a diagnosis, therefore a formal diagnosis is not required for you to take part in this group. If you are uncertain about your eligibility, please get in touch.

About Student Minds

No student should be held back by their mental health.

By creating and curating resources, stories and tools, we empower students to build their own mental health toolkit to support themselves and their peers through university life and beyond. We challenge the higher education sector, health sector, and government to work with students when making decisions that impact them and we make them accountable for prioritising student mental health.

Together, we’re improving university communities so that every student gets the mental health support they need to reach their goals.

You can find out more about our work in our [10-year Strategy](#) and explore our latest [Impact Report](#).

About Student Space

[Student Space](#) supports students through the uncertainty of student life. It is a free and confidential service developed in collaboration with mental health services, higher education professionals, researchers, and students. It comprises several support elements including advice and information, student stories, and signposting to support services at university and students’ unions. In addition, to address increasing health inequalities, a range of tailored services and content has also been created.

About the Steering Group

At Student Minds we believe that the best way to support students and understand their lived experiences is to work alongside them. To achieve our strategic goals, we want to co-create with students, directly involving them in our work wherever possible.

In 2024, we launched the [Life as a Black student](#) podcast series, followed by [Life as a trans+ student](#) series in 2025. Both series were co-created with a student steering group and experts with lived experience. Building on their success, we will use the same approach to develop a 6-episode series for neurodivergent students. In addition, we would like the group to steer us on the topic of new student story videos about neurodivergent student issues.

Student Minds are collaborating with neurodivergence experts to produce the content for students. These experts will be facilitating the steering group meetings and ensuring they are a safe space for open dialogue about neurodiverse student experiences.

The steering group will help to inform our approach, share insight, challenge our thinking and ultimately develop a content plan for this series. The steering group will help ensure the content is relevant and engaging for neurodivergent students. If you are a UK higher education student or sabbatical officer who is passionate about improving student life for your peers, then this role could be perfect for you.

Key Responsibilities of the Steering Group:

- To support Student Minds with the planning of content for neurodivergent students.
- To attend both meetings.
- To be prepared for both meetings; reading any materials in advance of meetings.
- To give advance notice if unable to attend a meeting. Should a member be unable to attend a meeting, we ask that they still share any thoughts/feedback where possible via email.
- Respond, where possible, to ad-hoc communications to provide insight and reflections around emerging issues.
- To treat discussions with discretion and confidentiality.
- To guide and advise Student Minds staff on the needs and wishes of students within Higher Education.
- To act in accordance with Student Minds' policies, where relevant. Members will be informed about what this entails at the first meeting.
- To bring attention to Student Minds of any conflicts of interests that may arise.

Meeting Dates

The meetings will take place in person, with locations selected based on a city that serves as a central point or requires the least travel for the group overall. We understand that meeting in person may be nerve wracking, but our experience shows that our steering groups function best this way. To support everyone, we will share agendas in advance and are happy to arrange

pre-meetings for those feeling anxious. If you require any reasonable adjustments to improve accessibility for the in-person meeting, please let us know.

The meeting dates will be May 3rd and May 10th (location TBC). Exact locations will be confirmed with candidates if they are successful.

Values

collaborative

Teamwork and strategic partnerships help us to achieve better results.



We are respectful, supportive and inclusive.

empowering



We invest in people, in the belief that they hold the key to effecting real change.

We listen to and mobilise the student voice.

Student Minds' Values

innovative



We strive for the best solution and the highest quality, using expert knowledge and evidence.

We learn from our ground-breaking research and data to develop and grow.

courageous

We are willing to challenge the status quo and be decisive to shape a better future.

We are ambitious, optimistic and will push the boundaries.



Next Steps

- Complete the Application Form and Equality Monitoring Form by **20th April (23:59)**.
- We expect to appoint successful applicants on the week commencing **21st April**, ahead of the first steering group meeting in May.

For any further information, or if you need reasonable adjustments to be made, please contact Izzy and Charlie at studentspace@studentminds.org.uk