

Stats sheet: our work with Alterline

About the research

Our research, run with Alterline, was live between April 30th and May 10th 2021. The broadly representative sample was made up of 877 undergraduates, 167 postgraduates and 66 foundation year students (1100 total).

Headline findings

Mental Health and Wellbeing

74% of respondents reported that Covid-19 has had a negative impact on their mental health and wellbeing at university.

60% of respondents reported having a current mental health issue, but just 26% had received a diagnosis.

Live

In response to the statement “My accommodation has adequate space to study”

- 67% agreed or strongly agreed
- 19% disagreed or strongly disagreed

In response to the statement “I have access to outdoor space in my accommodation”

- 73% agreed or strongly agreed
- 18% disagreed or strongly disagreed

49% of respondents report that the Covid-19 pandemic has negatively impacted their financial situation. Of these (n=547):

- 58% had difficulties paying for a ‘full’ student experience (e.g. going out, participating in sports/socs, attending events)
- 40% had difficulties paying for study resources
- 35% had difficulties paying for basic living needs
- 30% had difficulties paying for accommodation
- 16% had difficulties paying for tuition fees

75% had taken measures to support themselves financially during the Covid-19 pandemic:

- 43% used savings
- 36% received financial assistance from family
- 29% were in paid employment
- 17% sold belongings
- 9% used credit cards
- 9% used institution hardship funds
- 7% received financial assistance from friends

Two thirds of respondents say they have ‘often felt isolated or lonely since March 2020.’

Learn

82% of respondents say the Covid-19 pandemic has negatively impacted their academic experience.

93% of respondents said that at the time of the survey, they had been taught mostly or entirely online during the 2020/21 academic year

18% did not have the resources they needed to access online learning effectively

24% did not have the space they needed to access online learning effectively

44% did not feel well equipped to manage the pressures of their course.

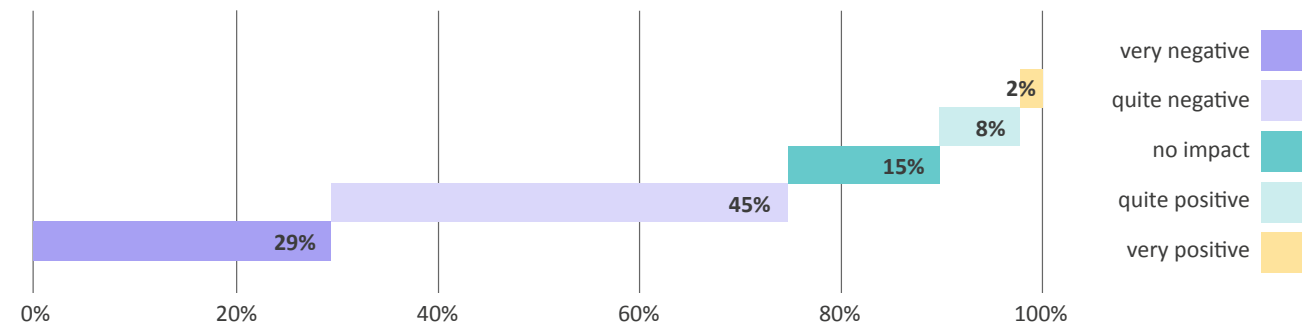
Support

65% of respondents say they needed additional help/advice during the Covid-19 pandemic. Of these, just 19% actually got the help they needed.

“I felt my circumstances were not serious enough to ask for help” was the most common reason for not getting support.

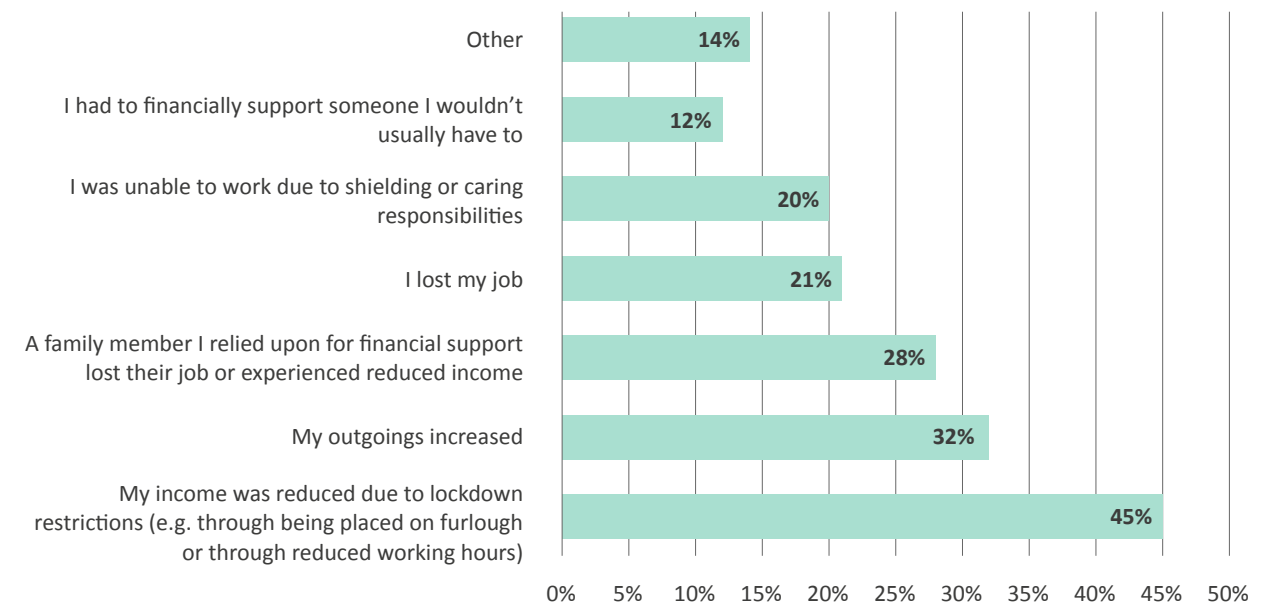
To what extent do you think Covid-19 has had a positive or negative effect on your mental health and wellbeing at university?

Base: all respondents (n=1100)



How were your finances impacted?

Base: Respondents whose finances were negatively impacted by the pandemic (n=547)



The extent to which students agree with statements about their online learning experience

Base: all respondents (n=1100)

