

Peer Support Facilitator Application Guidance

Each answer of your application will receive a score and you will be invited to interview based on the total application score.

In order to achieve a high score, you should:

- Answer all the questions
- Read the Role Description document and incorporate the skills and qualities we're looking for into your answers
- Write in full sentences and use as much of the word count for each question as you can
- Write about specific occasions in which you have demonstrated the named skill
- Use a STAR format in your responses to give as much detail as possible (Situation - set the scene, Task - what you needed to achieve, Action - what you did, Result - the outcome)

The application questions:

Your Motivation, Skills and Experience

1. Why would you like to be a peer support facilitator? (Maximum 300 words)

About Your Mental Health

The wellbeing of our volunteers is our number one priority at Student Minds. We'd really encourage you to let us know if you have current or previous experience of a mental health difficulty so that we can support you to make a decision about the best way to get involved in our work. Your answers to the below questions will not affect your application score.

7. Do you feel that you are currently experiencing mental health difficulties?

Yes/No

8. If yes, do these have an impact upon your social life or ability to engage in university?

9. If no, do you feel you have personally experienced any form of mental health difficulty previously?

Yes/No

10. Have you at any time experienced problems with your eating or relationship with food?

Yes/No

11. If yes, have you experienced these problems within the last two years?

Yes/No

12. Have you had experience supporting someone else with a mental health difficulty?

Yes/No