

Peer Support Facilitator Application Guidance

Each answer of your application will receive a score and you will be invited to interview based on the total application score.

In order to achieve a high score, you should:

- Answer all the questions
- Read the Role Description document and incorporate the skills and qualities we're looking for into your answers
- Write in full sentences and use as much of the word count for each question as you can
- Write about specific occasions in which you have demonstrated the named skill
- Use a STAR format in your responses to give as much detail as possible (Situation - set the scene, Task - what you needed to achieve, Action - what you did, Result - the outcome)

The application questions:

Your Motivation, Skills and Experience

1. Why would you like to be a peer support facilitator? (Maximum 200 words)

2. What skills do you have that would be beneficial for the role? Please explain when you have demonstrated these skills.

(Please refer back to the role description where possible. Maximum 200 words)

3. When have you demonstrated the ability to work well within a team?

(Please reflect on what you learned from the experience and what made the team work effectively. Maximum 150 words)

4. Please explain a situation in which you have had to communicate effectively to manage a difficult situation.

(Add as much detail as possible; outline the situation, how you handled it and what the result was. Maximum 150 words)

5. When have you demonstrated good time-management and organisational skills?
(Please explain why these skills were necessary and what they enabled you to achieve.
Maximum 150 words)

6. Please explain a situation in which you used initiative and problem-solving skills.
(Explain the issue and how your approach was effective in resolving it. Maximum 150
words)

About Your Mental Health

The wellbeing of our volunteers is our number one priority at Student Minds. We'd really encourage you to let us know if you have current or previous experience of a mental health difficulty so that we can support you to make a decision about the best way to get involved in our work. Your answers to the below questions will not affect your application score.

7. Do you feel that you are currently experiencing mental health difficulties?
Yes/No

8. If yes, do these have an impact upon your social life or ability to engage in university?

9. If no, do you feel you have personally experienced any form of mental health difficulty previously?
Yes/No

10. Have you at any time experienced problems with your eating or relationship with food?
Yes/No

11. If yes, have you experienced these problems within the last two years?
Yes/No

12. Have you had experience supporting someone else with a mental health difficulty?
Yes/No