

# student minds

The application form to become a Student Minds Peer Support Trainer can be found online. Please complete all parts of the form and answer all questions as fully and accurately as possible. Should you have any questions after reading these guidelines please contact Student Minds on [info@studentminds.org.uk](mailto:info@studentminds.org.uk) and a member of the team will be in touch.

The key competencies and skills we will be assessing potential trainers for include:

- Empathy
- Leadership and ability to motivate and support others
- Communication
- Planning and organising
- Initiative (solution focused approach)

## Essential Criteria

- Ability to give the time commitment to the training and then set up of peer support projects at your institution
- Knowledge and interest in mental health
- Positive attitude towards people with mental health issues
- Good interpersonal and communication skills
- Relevant IT skills (in particular familiarity with PowerPoint)
- Letter of support from your employer. The letter should confirm that your manager/employer understands and approves the money and time commitment that will be needed to undertake Student Minds' Peer Support Train the Trainer (a template is provided on our website)

## Desirable Criteria

- Experience delivering training
- Relevant mental health training or qualification

## Recommendations

The Peer Support Train the Trainer is particularly recommended for staff with roles in university counselling or wellbeing services, student services, or Student Unions' advice services.

## Application process

- Send your completed application form to [operations@studentminds.org.uk](mailto:operations@studentminds.org.uk)
- Once approved, your place on the Train the Trainer course will be offered on a first come first served basis.
- Please accept your place in writing
- We will then send an invoice for full payment in advance of the training date.