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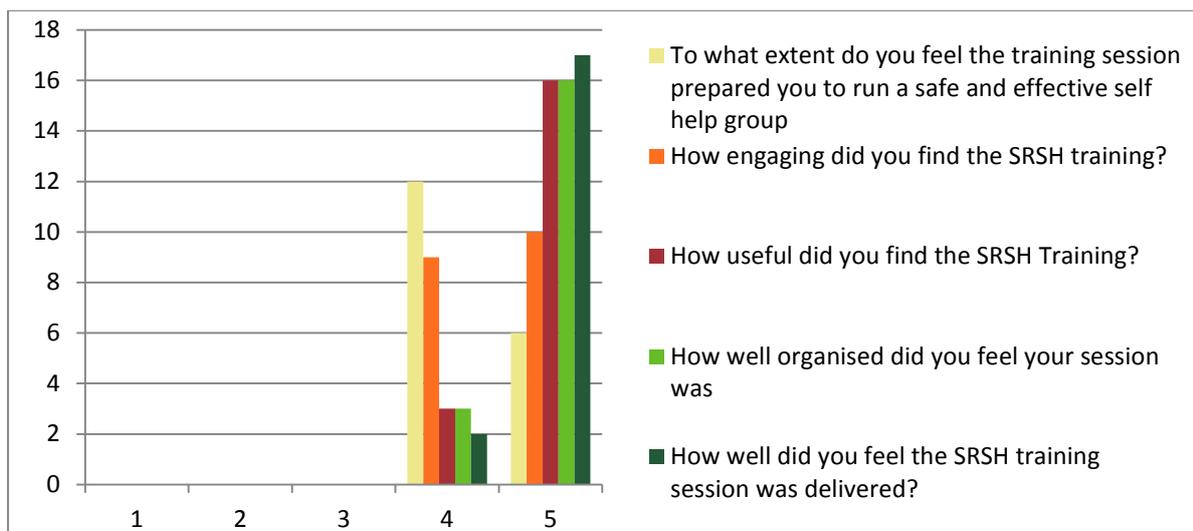
Talking Changes Lives

December Training Weekend 2012

This weekend was run on the 1st & 2nd of December in the Event Space of Student Hubs. At this weekend we trained 20 student volunteers from Swansea, St Andrews, Winchester, Cumbria, Portsmouth, Brookes and UCL. Accommodation was arranged at the YHA in Oxford for all volunteers.

Anoushka helped deliver training – it was fantastic to have her there and really important to have that extra help.

Trainee feedback



We are really pleased with the feedback received. Given the nature of the training, I do not believe that we can realistically do more to increase the confidence of trainees further in their ability to run a safe and effective self-help group session – our programme of supervision should allow volunteers to develop skills further over time. I am thrilled with the feedback volunteers have given in terms of organisation of the training and how well delivered the training was – we have Elisabeth to thank for this, who did a phenomenal job organising and delivering the training.

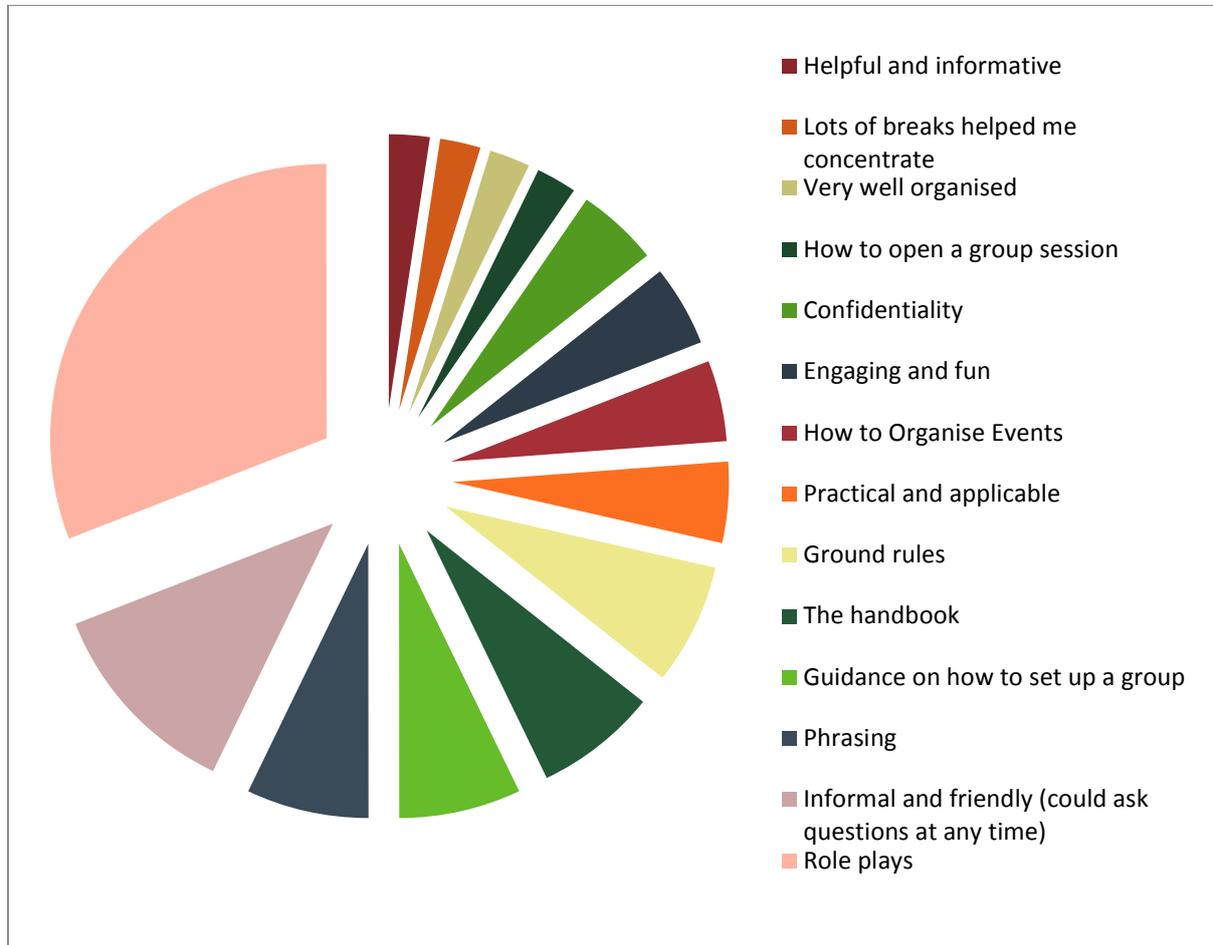
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We are kindly supported by Comic Relief, The Welton Foundation, UnLtd and Student Hubs
SRSH is a charitable company registered with Companies house, no. 7493445 and the Charities Commission, no. 1142783

Which aspect of the training did you find most helpful?

Volunteers have flagged up many different aspects of training that they found helpful, but there are a few aspects that came up again and again and as expected, almost all volunteers reported finding the role plays particularly helpful.



General Comments

“Really welcoming and comforting”

“Thank you - this was a great weekend and I really appreciate your time and energy training us. I feel so much more prepared than I thought I would and I'm excited to get started”

“I can't wait to lead a group, it was a great weekend - thank you”

“It was more fun than I thought and I really enjoyed it and learnt a lot - thanks! “